

INSIGHT 20/20



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Actress Returns to Work After Cataract Surgery

Although her name may not be a household word, Nēdra Volz is a recognized star throughout the Inland Empire. The pert 82-year-old Upland resident starred as the housekeeper in the hit TV series "Different Strokes." Nēdra brings natural wit and a vivacious personality to the characters portrayed in a myriad of roles on TV and in motion pictures. An acute sense of comedic timing is the result of many years of professional experience. "I've been in show business all my life," claims Nēdra, "since my mother first took me on stage at six-weeks-old — they said I loved it. I have been performing ever since and I *still* love it!"

Recently her work became more difficult. "I began to have trouble reading scripts," says Nēdra, "my vision was beginning to blur and it was a nuisance. Soon the problem got worse and my long drives from Upland to Hollywood became an ordeal. At first, I didn't want to acknowledge I had an eyesight problem. But after a while the symptoms got worse and I had to seek help. Some of my Upland friends told me about the wonderful work Dr. Fabricant had performed on their eyes and suggested that I make an appointment. The thought that I might need surgery on my eyes scared me, but from the moment I set foot into Pacific Eye Institute, my fears were calmed. Both Dr. Fabricant and his knowledgeable staff were so friendly and helpful."



"He took the time to educate me on all the procedures necessary to remove my cataract and restore my clear vision. I asked Dr. Fabricant when he thought the best time would be to remove my cataract and he said, 'Nēdra, *you'll tell me* when it's time for surgery.' I liked that," she added.

"Doctor reassured me that I probably wouldn't experience much pain or discomfort, but I was astounded to find how easy and painless the simple out-patient surgery was — Dr. Fabricant was great!" Nēdra exclaims.

"I'm not about to slow down yet," she laughs, "I'm having too much fun!"

"... 'Nēdra, you'll tell me when it's time for surgery,' ... I liked that."

I'm so thankful to the 'Good Doctor' and his wonderful staff — I would highly recommend him to any of my friends — I'll give him 'rave reviews' anytime."

Modern Cataract Treatment

Once a cataract has been diagnosed, it is up to you to decide how it affects your life and when you should have the cataract removed. The best guideline is to consider removing the cataract when it interferes with your work or normal activities.

Cataract surgery removes the clouded lens and replaces it with an artificial lens implant. The operation usually takes less than 20 minutes. There will be over one million cataract surgeries performed in the United States this year. Lens implant surgery is one of the most successful operations in America today.