



## **PRE-OPERATIVE INSTRUCTIONS**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY**

**DO NOT EAT BREAKFAST THE MORNING OF SURGERY**

**DIABETICS CHECK YOUR BLOOD SUGAR BEFORE ARRIVAL**

- **MEDICATIONS:** Please take your regular medication before arriving for surgery with water only.
  - **DAY OF SURGERY, DO NOT TAKE: Insulin or Oral Diabetic Medication.**
  - (If your family doctor has instructed you to take Insulin before surgery, please notify us)
- **EYE DROPS:** Do not use any eye drops in the operative eye on the day of surgery unless otherwise instructed. Continue eye medication in the non-operative eye as usual.
- **MEN:** It is not necessary to remove your beard or mustache but please wash thoroughly before surgery.
- **WOMAN:** Do not wear any make-up the day of surgery.
- **HAIR:** Please shampoo your hair the day before surgery or the morning of surgery.
- **FACE:** Please wash you face with soap and water the morning of surgery.
- **CLOTHING:** Wear loose clothing with buttons or zipper in the front. Avoid clothing that pulls over your head. Please do not wear a dress or jumpsuit.
- **VALUABLES:** Please leave valuables, including jewelry, chains, watches and earrings at home. Rings will be taped to finger if worn to surgery.
- **Please do not wear any perfume or cologne.**

**YOU MUST HAVE SOMEONE TO DRIVE YOU HOME AFTER YOUR SURGERY AND TO YOUR FIRST POST-OPERATIVE APPOINTMENT.**

**LENGTH OF STAY FOR SURGERY:** You can anticipate being discharged home approximately 2-3 hours after you arrive for surgery.

**PLAESE CALL IF YOU HAVE ANY QUESTIONS REGARDING YOUR SURGERY**